13TH JUDICIAL CIRCUIT



VETERANS TREATMENT COURT

VETERANS TREATMENT COURT PROGRAM

Introduction

Welcome to the 13th Judicial Circuit Veterans Treatment Court (VTC). This handbook is designed to answer questions, address concerns, and provide overall information about the VTC. As a participant, you will be expected to follow the instructions given to you by the VTC judge, court administrator, and probation officer, as well as to comply with the treatment plan developed for you by an approved treatment provider. This handbook will detail what is expected of you as a VTC participant and review general program information. All participants are encouraged to share this handbook with family and friends.

Program Overview

The 13th Judicial Circuit VTC is a court-supervised, comprehensive treatment program which includes first-time non-violent offenders, probationers, and offenders who are returning to the community from the Department of Corrections. All participants must have been determined to require substance abuse treatment and/or have a diagnosed mental health condition. The VTC may be a voluntary program or ordered as a condition of probation. Participation includes regular court appearances before the VTC judge and treatment, which includes drug testing, individual counseling and group counseling provided by the Harry S. Truman Veterans' Hospital. The participant is also expected to meet with a mentor, obtain and maintain employment or involvement in vocational or educational programs, and is required to attend 12-step meetings (Narcotics Anonymous or Alcoholics Anonymous). The length of VTC is determined by each participant's progress and will be a minimum of one year and no longer than two years.

Confidentiality

Confidentiality is essential to maintain the integrity of group therapy sessions. Nothing that is discussed within the confines of those meetings will be repeated. No information pertaining to another client should be discussed outside of group. This confidentiality applies to things said in the courtroom as well. Rule violations should be reported immediately.

You will be required to sign a release of information which allows your treatment provider(s) to give information to the VTC team, which includes the judge, prosecuting attorney, public defender, probation officer, treatment providers, and all other departments listed. (See the Consent to Release Information Form.) Your privacy is respected and the team will make every effort to protect your identity.

Veterans Treatment Court Supervision

You will be required to appear in court on a regular basis. At each court appearance, the VTC judge will be given a progress report prepared by the treatment team regarding drug test results, attendance and participation in treatment, and compliance with the probation officer. The judge

may ask you questions about your progress, and discuss any specific problems you may have been experiencing. In the event of program violations, e.g., missed or positive urine screens, failure to attend counseling, failure to meet with mentor, failure to attend 12-step meetings, etc., sanctions may be imposed by the court. Repeated violation of the program expectations and failure to progress satisfactorily may result in termination from the program.

Failure to appear in court on the date and time scheduled may result in a warrant being issued for your arrest. If you cannot appear in court as scheduled, the probation officer and VTC coordinator must be notified as soon as possible.

ELIGIBILITY CRITERIA

To be eligible to participate in the VTC program, you must have the capacity to manage the structure of the court:

- Applicant is a resident of either Boone or Callaway County.
- Applicant is a person who has served in any branch of the United States Military or the Missouri National Guard/Reserves and is eligible to receive services from the Veterans Health Administration.
- Applicant is able to meet VTC requirements.
- Applicant has no offenses that would compromise the safety of the other participants and staff.

You may be excluded from applying for the VTC program if:

- Applicant does have a conviction or a plea of guilty to any offense defined in Chapters 566 or 567 RSMo.
- Applicant has been found guilty for any degree of murder, voluntary or involuntary manslaughter, or armed criminal action.
- Applicant has been found guilty of a misdemeanor or felony sexual offense.
- Applicant has another pending criminal case in which he/she would be deemed ineligible.
- Applicant is on parole supervision for another case.

Accessing the VTC program

Referrals to the VTC program are given to the VTC administrator. Referrals can be made for veteran offenders who are residents of Boone or Callaway counties, are eligible to receive services from the Veterans Health Administration, and have been determined to require substance abuse treatment and/or have a diagnosed mental health condition.

Following a legal intake and clinical screening, your application for acceptance into the VTC program will be submitted to a staffing team for acceptance or denial. If accepted into the program, your attorney may continue to represent you, in a non-adversarial manner, during your participation in the program.

Guilty Plea and Sentencing

The VTC does not become involved in your plea agreement. All plea agreements will be made prior to your entry into the program by your attorney and the prosecuting attorney's office. All pending criminal cases have to be resolved prior to admission into the VTC program.

PROGRAM RULES

All VTC participants must abide by the following rules of the program. Each individual will held accountable for his or her actions and full compliance is necessary to succeed in the program.

I must not use or possess any drugs or alcohol.

filed against me.

This condition is fundamental to successful completion of the program. Any prescription medication must be reported to the Veteran Treatment Court team for review. Abuse of prescription drugs will result in a sanction.

(This also includes <u>ANY</u> synthetic substance: Any substance which is mood/mind altering is prohibited in the program. Such products as K2, Spice or Bath Salts are prohibited and tested for. If you are unsure about the product, contact your VTC administrator or probation officer. (Also see Alternative Sentencing Court Urine Testing Contract.)

- **○** I must maintain my residence in Boone or Callaway County throughout the duration of the program.
- I must follow my treatment plan as directed by program personnel.

 I understand that my treatment groups, counseling sessions, probation meetings, court appearances, etc, are not optional. I also understand if I am not attending treatment, I will no longer be eligible for the program.
- Deprosecuted for the charges pending against me.

 New criminal charges will be considered for serious sanctions up to and including termination. I understand that a new misdemeanor or a new felony may result in termination from the program. I understand that operating a motor vehicle without a valid driver's license or while the driver's license is suspended or revoked is a violation of the law and may result in sanctions or termination, even if criminal charges are not
- I must get prior permission from the VTC team before moving, changing my telephone number, or disconnecting my telephone.
- I must get prior permission from the VTC team before changing my employment. I am prohibited from working in bars or in any employment deemed not appropriate by the VTC team. I understand that all employment must be approved prior to entering the program or before accepting employment once in the program. I also understand that I must gain prior permission from the VTC team before quitting a job.
- **②** I must pay a monthly VTC fee of \$75.00 each month while participating in the program.

② If restitution is owed, I must pay this amount in full as ordered by the court.

O I must not use any medication without prior consent.

All over-the-counter or prescribed medication must be authorized prior to being taken. You are strictly prohibited from taking over-the-counter medications other than the ones found on the approved medication list provided in this manual. (See Authorized Over the Counter Medication Handout.)

• I must not enter establishments where the primary function is the sale of alcohol or gambling.

Casinos, grocery store liquor sections, bars, or packaged liquor stores are off-limits. I am not allowed to purchase liquor for any reason.

② I must attend all court sessions as directed by the VTC judge.

If I am not in court as directed, a warrant will be issued for my arrest.

© I must attend all treatment sessions.

If I am unable to attend a scheduled session, I must contact the treatment counselor **<u>before</u>** a session is missed. This includes individual and group counseling, educational sessions, and other treatment as directed. Unexcused missed treatment sessions will result in a sanction.

☼ I must report to my probation officer and treatment providers as directed.

If I am unable to make an appointment, I must contact the probation officer and/or caseworker immediately. I am REQUIRED to bring my calendar to all appointments related to VTC, including classes, appointments with any team member, probation appointments, etc. My calendar should be filled out as far in advance as possible.

As a participant in the VTC, I understand that I have the responsibility to report to a tracker as directed.

If a tracker is unable to reach me, it is my responsibility to contact the tracker within a half-hour. If I fail to do so, this will be considered a missed contact and a sanction will be imposed. I further understand that tracking may occur 24 hours a day/7days a week, and I may be given a curfew if the court deems it appropriate.

○ I must be on time to appointments with treatment providers, trackers, court administrators, probation officers, and the court as directed.

If I am late, I may not be allowed to attend appointments and could be considered non-compliant. I must contact my provider if there is a possibility that I may be late.

② I understand that I cannot make threats towards other participants or staff or act in a violent manner.

Violent, dishonest, or inappropriate behavior will not be tolerated and will be reported to the court. This may result in your termination from VTC.

• I must dress appropriately for court, probation, and treatment sessions.

Clothing bearing drug or alcohol related themes or promoting or advertising alcohol or drug use is considered inappropriate. Sunglasses, hats, and bandanas are not to be worn inside the courthouse, treatment center or probation office. Also, my cell phone or other electronic devices must be turned off prior to court appearances, probation meetings, or treatment sessions.

O I must always tell the truth.

If I am not truthful, I will not be allowed to remain in the program.

• I must not leave the county without permission.

I **must** get permission from the VTC judge **prior** to leaving my county of residence except when leaving for treatment and court. I must apply for a travel permit with my probation officer/treatment provider, in order to gain written approval from the judge. Travel permits require a 15-day processing period. It is my responsibility to apply for the permit in a timely manner.

O I must turn in all documents one (1) day prior to court appearances.

In order to receive credit for 12-step meetings, payment of fees, or community service hours, I must turn the proper documentation in to my probation officer, no later than the day prior to my court appearance. In order to receive credit for attending treatment, I must submit the proper documentation to my caseworker as directed.

O I must submit to urinalysis and/or breath tests as requested.

I will be tested throughout the entire program for substance abuse and/or medication compliance. The VTC judge or any team member may require a test at any time and will have access to all drug testing results including any "stalls" or failures to produce. Failing to report for a drug test, appearing late to submit to a urine test, and/or altering a specimen will be treated as violations. One of the goals of VTC is to help me achieve total abstinence from alcohol, inappropriately used prescription and/or over-the-counter medication, and illicit drugs.

○ I must report for testing upon contact with law enforcement.

I must report for a drug test after contact with a law enforcement officer.

○ I must maintain confidentiality of other VTC participants.

Treatment cannot succeed unless I maintain the confidentiality of other participants and of information disclosed in treatment.

O I am required to disclose any substance use disorder to all health care professionals I see for any reason.

I should request non-narcotic medications when possible. If I use emergency room/emergency department services, I am required to get permission in advance, if possible. After going to the ER/ED, I am required to provide the VTC team with all documentation relative to the condition for which I was treated. I must provide VTC

staff with copies of all medical bills, whether related to the ER/ED and/or other health care providers.

② I am required to provide proof of contact with health care professionals, as well as proof that I have disclosed my substance use disorder to my health care professionals.

All medications prescribed MUST BE APPROVED BY THE VETERANS TREATMENT COURT BEFORE THEY ARE TAKEN. (See Physician Release forms provided in this manual.)

TREATMENT PROCEDURES

Drug Testing:

Each participant will be given a drug testing hotline card, and must call the hotline daily, following recorded instructions and using the personal call-in code. When the participant is required to be drug tested, he or she will be given from 6:00 a.m. until 10:00 a.m. to submit to testing. Employee Screening Services (ESS), located in the ground floor of the Alternative Sentencing Center at 607 East Ash Street, will conduct all urine testing. The VTC judge will impose sanctions for failing to submit to a test within the time allowed, providing a dilute specimen, or failing to submit to a drug test. A participant will be tested through the entire treatment process. Additional testing may be required at the discretion of the probation office, treatment provider, and the court.

<u>Drug Testing Locations and Times</u> Employee Screening Services (ESS) 607 East Ash Street Columbia, MO 65201

Drug Testing Hotline: (800) 494-1250 Open 6:00 a.m. to 10:00 a.m., when testing

Counseling:

An important aspect of VTC is participation in counseling. This may include both individual and group sessions. Participation in one or both of these will be at the recommendation of the treatment provider. Your attendance at counseling sessions will be reported to the judge as part of your progress report. Prior permission from the treatment counselor must be obtained in order to be excused from a counseling session.

Mentor:

You will have a mentor. A pool of mentors will be maintained by the VTC mentor coordinator. You will be required to meet with you mentor, as directed in the phase descriptions listed in this manual.

Twelve-Step Meetings:

Attendance is required at 12-step meetings such as Narcotics Anonymous, Alcoholics Anonymous, an alternative 12-step meeting, and Celebrate Recovery. Attendance is an important part of the recovery process that will help familiarize you with the 12-step philosophy, and to develop levels of trust in order to be able to learn and to create social bonds with other people in recovery. The treatment team will provide information regarding the time and location of 12-step meetings and/or online classes. You must provide proof of attending a minimum of one meeting each week to your probation officer prior to each court appearance.

Sponsor:

You are encouraged to obtain a self-help sponsor. A sponsor is a 12-step group member of the same gender with significant sobriety (at least one year) who will assist you on a personal level

with sobriety, personal problems, working the steps, etc. Ask at a meeting for a temporary sponsor until a permanent sponsor can be obtained.

Personal Journal:

Upon acceptance into VTC program, you will be expected to keep a journal. The VTC judge will provide you with a weekly topic for your journal entry. The purpose of the journal is to provide the judge with your perception of the Veterans Treatment Court-related topics, including personal problems with alcohol and drug dependence, and short-term and long-term goals. The court will provide a journal to you at your first court appearance. The journal must be brought to every court appearance.

Termination:

You may be terminated from the program for the following reasons (this is not an all-inclusive list): lack of treatment progress as decided by the treatment team, failure to secure full time employment, failure to pay fines, court costs, or restitution, making threats, making assaults, having new arrests, continuing to use substances, or having medical problems that interfere with treatment.

Ninety-Day Evaluations:

The VTC team will evaluate you on the first court date after you have been in the program for 90 days. During this evaluation, the VTC team will decide whether or not you have made the necessary progress to be engaged in the program. The evaluation will measure your treatment progress and understanding, work and/or education progress, as well as acceptance of the VTC philosophy.

PHASES

Phase I – Assessment and Primary Phase

You will work with the VJO specialist and the VTC team to assess all your treatment, educational, family, employment, medical, and housing needs.

You will:

- 1. Develop a plan to meet goals. The initial treatment plan must be developed within seven (7) working days of your initial VTC appearance.
- 2. Attend a minimum of one (1) individual counseling session and a minimum of two (2) group counseling sessions <u>per week</u>.
- 3. Maintain a minimum of two (2) weekly face-to-face contacts with your tracker/probation officer, at least one of which must be with the probation officer.
- 4. Be required to attend a minimum of one (1) twelve-step meeting weekly.
- 5. Make weekly appearances in VTC.
- 6. Submit to random drug testing.
- 7. Be required to verify your employment and housing by a member of the VTC team.
- 8. Meet with your mentor a minimum of once a week.
- 9. Make monthly payments of \$75.00 to the VTC (those payments will be made at the Accounting office on the first floor of the courthouse) and maintain a zero balance.

Phase II – Treatment Phase

In Phase II, the VTC team will continue to monitor and evaluate your progress on a weekly basis.

You will:

- 1. Attend a minimum of one (1) individual counseling session and a minimum of one (1) group counseling session per week.
- 2. Maintain a minimum of (1) weekly face-to-face contact with the tracker/probation officer.
- 3. Attend a minimum of one (1) 12-step meeting weekly and obtain a sponsor.
- 4. Make court appearances every other week or as directed by the VTC judge.
- 5. Submit to random drug testing
- 6. Obtain/maintain full time employment or part-time employment in conjunction with educational or vocational training.
- 7. Provide verification of employment and housing to the VTC team.
- 8. Meet with your mentor a minimum of once per week.
- 9. Make monthly payments of \$75.00 to the VTC (paid at the Accounting office on the first floor of the courthouse) and maintain a balance of zero.

Phase III – Stability Phase

In Phase III the VTC team will assist you in identifying a plan that will help you to succeed.

You will:

- 1. Attend a minimum of two (2) individual counseling sessions <u>per month</u>, and a minimum of one (1) group counseling session <u>per week.</u>
- 2. Maintain full-time employment, educational or vocational training.
- 3. Maintain a minimum of (1) face-to-face contact with the tracker/probation officer once every two (2) weeks.
- 4. Be required to attend a minimum of one (1) twelve-step meeting weekly and maintain a sponsor.
- 5. Make court appearances monthly or as directed by the VTC judge.
- 6. Submit to random drug testing
- 7. Verify employment and housing to the VTC team.
- 8. Meet with your mentor a minimum of once a week.
- 9. Make monthly payments of \$75.00 to the VTC (paid at the Accounting office on the first floor of the courthouse) and maintain a zero balance.

GRADUATION

Graduation Requirements

Upon successful completion of the VTC program, you will graduate. In order to graduate, you must have accomplished the following:

- Had satisfactory attendance at all treatment services, maintained required contact with your probation officer, abided by specialized probation terms, and successfully completed all court-ordered treatment.
- Had six months of sobriety from prescription drug abuse, illicit drugs, and/or alcohol.
- Obtained and maintained steady employment unless retired, disabled, a full-time homemaker, or a full-time student.
- Completed a continuing recovery plan with your counselor.
- Obtained VTC team agreement that you have sufficiently integrated the information to support recovery.
- Completed a minimum of one full year in the program.
- Submitted a "Graduation Application." This is a neatly written or typed 3-5 page essay that will address your understanding of personal problems of addiction, mental health condition, criminal behavior, relapse prevention, and your personal VTC experience.
- Paid fines, restitution, and treatment court fees.

Graduation Application

The graduation application should be a three-part essay. Each part should be at least one $8\frac{1}{2}$ x 11 page long.

In the first part of the essay, you will describe your life during your substance abusing past:

- 1. My personal problems of addiction.
- 2. My criminal thinking/behavior and where it led me.
- 3. How I finally ended up in VTC.

In the second part, you will describe your experience in VTC.

- 1. How I felt getting started in VTC.
- 2. What worked the best for me in VTC.
- 3. What I am thankful for from my time in VTC.

In the third part, you will describe your relapse prevention plan.

- 1. What I am going to struggle with.
- 2. What I learned in VTC.
- 3. How I am going to apply what I learned.

FREQUENTLY ASKED QUESTIONS

What if I have a serious medical condition?

In general, if you have a serious medical condition, you will not be excluded from VTC. You must be willing to fully disclose your condition and medical care to the treatment providers and the VTC team. Although the team can be flexible and work around your condition, you must be able to engage in and complete treatment.

Can I use prescription medication?

You are expected to be drug free, including not using prescribed medication before obtaining authorization. If your doctor prescribes medication, you must bring in the prescription to your probation officer, to gain permission from the VTC team **PRIOR** to filling the script. You will then sign a release so that your probation officer can verify the prescription.

While in VTC, you must use ONE doctor or ONE dentist and ONE pharmacy. We also require that you notify the medical professional of your addiction and that you request non-narcotic pain medications when a prescription is being recommended.

What happens once I am in the program?

You will be required to participate fully in the program in order to graduate from VTC. This will include submitting to random drug testing, being present at court, making payments, verifying attendance of self-help meetings, and verifying attendance of individual and group therapy. You must comply with VTC treatment, as well as maintain ongoing contact with your probation officer and community support worker.

What if I want to travel outside of the county in which I reside?

If you need to travel outside of the county in which you live, you must first gain permission from the VTC judge to leave. As a condition of travel, the judge will require you to submit to a drug test prior to leaving and immediately upon return. Another condition may be that you not miss a treatment group. If a treatment group would be missed, further permission from your treatment provider would be required.

How do drug tests work?

You will be required to provide ongoing random urine samples to monitor your progress. An employee of the same gender at the testing facility will supervise you when you give a specimen. Urinalysis reports are documented and available to the court. Any positive urine screens, tampered samples, or refusal to provide a sample will be grounds for sanctions from the judge.

The best rule to follow regarding dilute or late drug tests, and what you can and cannot ingest is simple. Take no medications or herbal supplements, prescribed or over-the-counter, without first obtaining permission from your probation or parole officer, or treatment court administrator.

What are grounds for termination from VTC?

This is a voluntary program. You can voluntarily withdraw from the program at any time; however, your original sentence may be imposed.

The judge and VTC team can also involuntarily terminate you from the program for non-compliance, new criminal charges, bench warrants, or drug testing problems. Although a relapse is not absolute grounds for termination, a continual inability to meet your treatment goals will result in expulsion. There are several grounds for possible termination. These include but are not limited to:

- Possession of alcohol, drugs, or paraphernalia at your residence, in your car, or on your person.
- Attending a treatment group under the influence.
- Having a weapon in your residence, car, or on your person.
- Having new charges, in particular felony, violent or sexual crimes.
- Corrupting or negatively influencing another VTC participant.
- Tampering with a UA sample, using the urine of someone else for your own, or allowing someone else to use your urine for their sample.

What happens if I'm terminated from VTC?

If you are terminated from VTC, you will appear before your original sentencing judge for disposition of your charges.

DRESS CODE

There is a dress code for participants attending court and class sessions; meeting with any team members at any location including but not limited to the courthouse, probation, the participant's home; or appearing in court before the VTC judge, related activities, and at all drug testing facilities. The dress code is as follows:

- O No article of clothing bearing any alcohol or drug advertisement or message.
- No sexually explicit clothing.
- O Shirts and shoes must be worn at all times.
- O No do rags may be worn.
- No sleeveless shirts/tank tops or backless shirts will be allowed.
- Shorts and skirts must be the length that they would reach the tips of your fingers while your hands are straight down at your side.
- Pants must fit properly.
- Tops of pants must meet bottoms of shirts (no bare skin).

If the VTC judge informs you that you are dressed inappropriately you will be asked to leave immediately and may not receive credit for attending.

COURTROOM BEHAVIOR

You are expected to maintain appropriate behavior at all times in the courtroom and courthouse. This includes:

- O No talking in the courtroom.
- No sleeping in the courtroom.
- No eating or drinking in the courtroom.
- No smoking in the courthouse and if you do smoke, it is only allowed in a designated area on courthouse grounds.
- O No gum chewing.
- Be on time and do not leave during the hearing except to use the restroom (emergencies only). You are expected to have used the restroom prior to the court session starting.
- Beepers and cell phones must be turned off or they will be confiscated.
- The court session is NOT the appropriate time to speak with any of the team members unless you have made arrangements to do so prior to the court session. You must call or set up an appointment.
- Appropriate dress is necessary; shoes and shirts are required and no hats, shorts, sunglasses, or tank-tops should be worn. You are expected to maintain appropriate grooming. If you are attending court straight from work and you expect your work clothes to be soiled, take a fresh change of clothes with you and change into them before court.

SANCTIONS AND INCENTIVES

Sanctions

If a participant fails to comply with the program, the VTC judge, at his or her discretion, may order one or more of the following therapeutic responses as well as consequences. You must be accountable for your behavior:

- Increase AA/NA/Alternative 12-step meetings
- More frequent drug and/or alcohol testing
- Place on electronic monitoring
- Additional community service hours
- Increase reporting to probation officer

- Increase court appearances
- Complete the Weekend Relapse Intervention Program
- Move back to previous phase
- Spend period of time in Reality House
- Spend period of time in jail
- Termination from VTC

Incentives

When you consistently cooperate and participate in the treatment program, the VTC judge may, at his or her discretion, order one or more of the following:

- Decrease court appearances
- Excused from attending court
- Receive gift cards from local businesses
- Presented with a gift bag during court
- Draw from the prize jar

- Enter weekly drawing
- Progress to next phase
- Month off of treatment court fees
- Allowed to travel more frequently
- Graduation of the program in one year

RESPONSES TO DRUG TESTING

All late, dilute, missed, or positive tests will be considered an indication that a treatment response or modification may be made, which might include MRT, increased treatment such as a relapse prevention class, weekend intervention, day treatment, intensive outpatient treatment, or residential treatment.

Dilute, Late, Missed or Positive Tests

May include the following responses:

First Sanction......24 hours jail.

Second Sanction.......48 hours incarceration (may be jail or Reality House).

Third Sanction.....Incarceration and/or termination.

NINETY-DAY PARTICIPANT EVALUATION/REVIEW

Objective	Status	
Attending PO as scheduled	Complete	Incomplete
Attending treatment as scheduled	Complete	Incomplete
Attending AA/NA as required	Complete	Incomplete
Turning in court assignments	Complete	Incomplete
Has obtained a sponsor	Complete	Incomplete
Housing status	Complete	Incomplete
Regular school/employment/disability	Complete	Incomplete
Working on CSW hours	Complete	Incomplete
Current on fees	Complete	Incomplete
Any missed or late drug tests	Yes	No
Any dilute drug tests	Yes	No
Any positive tests	Yes	No
If positive, did they admit	Yes	No
Any new arrest	Yes	No
Is attitude conducive to treatment	Yes	No

CONTACT INFORMATION

Commissioner Casey Clevenger, Treatment Court Commissioner

Boone County Courthouse, 705 East Walnut Street, Columbia, MO 65201 www.courts.mo.gov/hosted/circuit13/index.htm (573) 886-4157 Clayton VanNurden, Veterans Treatment Court Administrator Alternative Sentencing Center, 607 East Ash Street, Columbia, MO 65201 www.courts.mo.gov/hosted/circuit13/index.htm John Tutt . Veterans Treatment Court Mentor Coordinator (573) 886-4178 Alternative Sentencing Center, 607 East Ash Street, Columbia, MO 65201 www.courts.mo.gov/hosted/circuit13/index.htm (573) 814-6644 Danielle Easter, MSW, LCSW, Veterans Justice Outreach Specialist Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive, Columbia, MO 65201 www.columbiamo.va.gov (573) 884-7016 Brian Gremmel, Veterans Treatment Court Probation Officer 1512 Heriford Drive, Suite A, Columbia, MO 65202 www.doc.mo.gov (573) 814-6000, Phil Wilkinson, Veterans Treatment Court Peer Support Specialist X53443 Harry S. Truman Memorial Veterans' Hospital, 800 Hospital Drive, Columbia, MO 65201 www.columbiamo.va.gov (573) 449-8117 Reality House 1900 Prathersville Road, Columbia, MO 65202 www.realityhouse.org (573) 886-4100 Boone County Prosecuting Attorney 705 East Walnut Street, Columbia, MO 65201 www.boonecountymo.org Missouri State Public Defender (573)882-9701 601 East Walnut Street, Columbia, MO 65201 www.publicdefender.mo.gov My probation officer is _____ My treatment counselor is _____ My UA hotline call-in code is

OVER-THE-COUNTER MEDICATION

Medications from the list may be taken without permission from the court

ANALGESICS - PAIN & FEVER RELIEF

Advil

Aleve

Alka Seltzer - Original Effervesoent Antacid Pain Reliever

Alka Seltzer - Extra Strength Effervescent Antacid Pain Reliever

Aspercreme

Bayer Asprin

Ecotrin

Motrin

Nuprin

Orudis KT

Tylenol

SKIN CARE

Benadryl Itch Stopping Cream

Clearasil

Cortaid

Cortizone

Dr. Scholls

Ivy Block

Lotumin AF

Oxy 10

Preparation H Anti Itch Cream

ALLERGY & SINUS PAIN RELIEF

Nasalcrom

Loratadine

Dayhist Allergy

EYE, EAR & MOUTH CARE

Naphcon A

Ocuhist

Opcon A

Vas O Con A

FEMININE PRODUCTS

Femstat 3

Gyne Lotrimin 3

Monistat 7 Crème or Suppositories

Vagisil Anti Itch Crème

Vagistat 1

SMOKING CESSATION

Nicorett

Nicotrol

Nicoderm

COUGH, COLD & FLU MEDICINES

Pertussin DM Extra Strength Cough Relief

Robitussin

Robitussin DM

Luden's Cough Drops

Hall's Fruit Breezers

STOMACH MEDICINES

Alka Seltzer - Original Effervesoent Antacid Pain Reliever

Alka Seltzer - Extra Strength Effervescent Antacid Pain Reliever

Axid AR

Basaljel

Beano

Dul Colax

Exlax Chocolate

Exlax Regular Strength

Fibercon

Gaviscon Extra Strength Liquid

Kaopectate

Maalox Antiacid/Antigas Tablets

Mylanta Liquid

Mylanta Double Strength

Mylanta Maximum Strength Liquid

Mylanta AR

Pepcid AC

Rolaids

Pepto-Bismol

Phillips Gelcaps

Phillips Milk of Magnesia

Tagament HB

Tums

Tylenol Headache Plus Extra Strength

Zantac Z5

VOMITING & MOTION SICKNESS

Bonine

Cola

Ipecac

Actidose with Sorbital

Charcoaid

Charcoaid 2000

Charcoaid Plus DS

Charco Caps

Liqui Char

Actidose - Aqua

SLEEP AIDS AND STIMULANTS - None